

A REVIEW ARTICLE ON THE PUTA (ROLE OF AGNI) W.S.R. AYURVEDIC MEDICINE PREPARATION

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ABSTRACT: -

Rasashastra is a study of medication arrangements by utilizing for the most part parad I. e. mercury. Ras is equivalent utilized for parad, which is More often than not utilized for readiness of drugs. Part of sorts of Sanskaras are finished on the items in a pre-arranged medication. Bhasmikaran sanskar is most significant sanskar depicted in Rasashastra. The Bhasmikaran sanskar is finished by utilizing changes kinds of Put. Ras, upras, sadharan ras, dhatu, updhatu and Ratn-upratna and so on. every one of these needs to gone through in Pak state to set up a medication. The interaction which is utilized to assess the regardless of whether this Pak is done address is call us put. Point of this audit study is to assess the significance of put and putpak kalpana in Rasashastra. After different literary works checked on found that the bhasm nirman is a fundamental piece of medication arranged in Rasashastra. Different sorts of put are portrayed in rasashastra. The puts are upheld likewise the properties of dravyas who much Agnisaskar (warming) is expected to change over these dravyas in type of bhasm. Bhasm is a state forms the dravyas to absorb in human body. Consequently, this audit fundamentally saw that as the put and putpak kalpana which depicted in Rasashastra is most significant in restorative medication planning.

KEYWORDS: - Rasashastra, Sanskaras, agnisanskar, upras, sanskar, Agnisaskar, updhatu.

INTRODUCTION: -

Rasashastra is a particular part of Ayurveda which manages metals and minerals. Mercury is a center individual from this old science. The drug arrangements are made under this science has a fundamental piece of Ayurvedic therapeutics. After lengthy and thorough drug methodology these metals and minerals are changed over in to such a structure that they can show their helpful viability with practically no unfriendly impact. Shodhan, maran, jarana, murchhana, patana, satvapatana and so on are the methods which are utilized for the readiness of different plans. In antiquated times Rasacharyas created different supplies and devices to carry out these perplexing techniques. The devices and game plans by which we have some control over the methodology of arrangement in Rasashastra they are called as "Yantras. In present work, an endeavor has been made to give the data with respect to "Yantras" utilized in the message of "Rasa tarangini". Its a work To give information with respect to old style instruments and their importance till nineteenth century text like "Rasatarangini".

MATERIAL AND METHOD: -

- From Ayurvedic and rasashastra related compendia, put and putpak kalpana are surveyed.
- Distributed diaries connected with subject, update data accessible on web is fundamentally broke down and evaluated

DEFINITION OF PUT: -

Parad, Abharak and so on ras, Gandhak and so on. upras, gouripashana and so on sadharan-ras Manika and so on. Navaratnas, Suvarna and so on dhatu and shankh, shukti and so on dravyas are utilized as a medication in the treatment of illnesses. These are utilized in restorative items as bhasmas. To make the bhasmas of these rasadi dravyas need to give agni sanskar (terminated). The strategy which is finished to set up the bhasma by utilizing agni is called as put.

TYPES OF PUT: -

Different kinds of putas are depicted in traditional text of rasshastra for example rastaragani, rasratnsamuchay and so forth. Kinds of putas are as per the following: -

- 1) Mahaput
- 2) Gajput
- 3) Varahput
- 4) Kukkutput
- 5) Kapotput
- 6) Lavatput
- 7) Bhudharput
- 8) Balukaput
- 9) Kumbha put

IMPORTANCE OF PUT: -

The Bhasma made by utilizing put of Lohadi dhatu are turns out to be best quality. The bhasmas are drifted on water (vaaritar). The bhasmas are additionally qualifies rekhapurnatva pariksha, which is one boundary to test the bhasma. These bhasmas foster the properties of Agnideepan. Similar characteristics of Jaranjanya Parad are created in dhatu's bhasmas which are produced using putpak. Consequently, after the suitable put pak the drugs ready from the bhasmas of lohadi dhatus having phenomenal characteristics.

SUGGESTED FITTING PUTAS WITH THE SEPARATE RASADI DHATUS DRAVYAS: -

Sr. No.	Types of Put	Used for the preparation of bhasmas
1.	Mahaput	Abhrak and Loha
2.	Gajput	Loha, Tamra, Abhrak, Makshik, Vimal, Shankh, Shukti, Godanti etc.
3.	Varahput	shankh, Shukti, Godanti, Shrung etc.
4.	Kukkutput	Swarn, Naag, Vang, Mukta
5.	Kapotput	Parad
6.	Govarput	Parad
7.	Lavak put	Mrudu dravya (fragile elements)
8.	Balukaput	Parad and Gandhak jarana
9.	Kumbha put	Parad and Gandhak jarana, Parad Bhasma
10.	Bhudhar put	Parad and Gandhak jarana, Parad Bhasma

DISCUSSION: -

In the old-style text of Ayurveda and Rasshastra the Arrangement of medication from a component is finished by different kind of Sanskaras (methods). For the gunantardhan for example change in properties of the components is finished by the sanskar. Agni sanskar on components done for to accomplish the laghavatva, disturb the deepan guna. This agni sanskar on Rasadi dravyas (components) is finished in put (heater). Putas are having huge significance in planning of drugs from a column component.

CONCLUSION: -

The drugs which are ready by utilizing put-pak are become cleansed and gains superior grade. These meds are having niruttha, vaaritar and dipan gunas. The bhasmas, made by utilizing put are become exceptionally fortify. Subsequently, puts are upheld to do the bhasmikarn of medications.

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