

Luminous Beings: Exploring the Concept of Humans as Beings of Light and Angels in Brahmakumaris

Author: Dr Gomti Agarwal

Designation: Research Supervisor

Affiliation: Manipur International University Manipur
Centre for Academic Research (CARE) RERF, Mount Abu

Abstract

The concept of humans as beings of light has fascinated philosophers, mystics, and scientists throughout history. This article delves into the multi-faceted aspects of this intriguing notion, exploring both scientific and metaphysical perspectives. We examine the biological basis of light emission from living organisms, the role of biophotons in human health, and the mystical interpretations of human luminosity in various cultural and spiritual traditions. Unique to Brahmakumaris philosophy, angels are not distinct celestial entities but are perceived as pure souls. Angels are thought to be pure and elevated souls who have reached a high level of purity and spiritual consciousness and are actively engaged in doing benevolent deeds. Every human soul can raise its consciousness to angelic level by remaining free from vices and observing the highest level of purity.

Key words: beings of light, Angels, Luminosity, spirituality, photons, Photo repair, cellular communication, DNA.

Introduction

In the Brahma Kumaris spiritual organization, there is a belief that humans are beings of light or souls, and the concept of angels is understood differently than in many other religious traditions.

Beings of Light: In Brahma Kumari's teachings, humans are believed to be eternal souls, often referred to as "beings of light" or "atmas." The soul, the metaphysical energy i.e., the Source of Universal Light is considered to be distinct from the physical body and is believed to be immortal, undergoes a cycle of birth and rebirth (reincarnation) until it achieves a state of spiritual purity and return to their original divine nature i.e., as deities. This soul operates through this body which is like a space suit for it, to perform various activities on this planet Earth.

Angels: For the Brahma Kumaris, angels aren't distinct celestial entities but elevated souls epitomizing purity. Angels are thought to be pure and elevated souls who have conquered five vices are observing the highest level of purity in thoughts, speech, and actions, and are actively engaged in doing service to other human beings and five elements of nature. Angels serve as messengers and helpers to guide other souls on their spiritual journey and purify nature by their vibrations of purity.

Angels Across Cultures: Angels are celestial beings that act as messengers between the Divine and human beings. Here's a brief overview of their concepts in a few major traditions:

Christianity: In Christianity, angels are spiritual beings created by God to serve as messengers, protectors, and servants. They play prominent roles in the Bible, such as announcing the birth of Jesus to the shepherds and ministering to individuals. Archangels like Michael and Gabriel are well-known figures in this tradition.

Islam: In Islam, angels are called "Mala'ika" and are considered beings of light and pure spirit. They serve as messengers and carry out God's commands. Angel Gabriel is central, delivering revelations to the Prophet Muhammad. There are other angels responsible for recording human deeds and guarding individuals.

Judaism: Angels are also present in Jewish tradition, where they act as messengers, protectors, and agents of God's will. For example, the angel Raphael is associated with healing, and Michael is seen as a protector of Israel.

Zoroastrianism: In this ancient Persian religion, angels are known as "Amesha Spentas" or holy immortals. They represent various aspects of God's divine attributes, such as wisdom, justice, and truth.

Hinduism: Hinduism features celestial beings like Devas and Devis, who are sometimes referred to as angels. They are divine beings that occupy higher realms and are involved in maintaining cosmic order and assisting humans on their spiritual journey.

Buddhism: While Buddhism doesn't emphasize angels in the same way as some other religions, it does acknowledge celestial beings known as "devas" or "gods" who inhabit different realms in the cycle of reincarnation.

New Age and Western Esotericism: In contemporary spiritual movements, angels are often seen as benevolent and guiding spirits that can be invoked for assistance, protection, and guidance. This concept is popularized by authors like Doreen Virtue and others.

Angels typically represent a connection between the Divine and the earthly realm, serving as messengers, protectors, and symbols of spiritual guidance. The Brahma Kumaris emphasize meditation and spiritual practices to purify the soul and develop a deeper connection with the Divine, whom they lovingly call "Baba". Their teachings revolve around the idea of self-transformation based on knowledge imparted by the holiest God Father Shiva. By practicing the four pillars of this spiritual knowledge i.e. Knowledge, Meditation, Service, and by becoming the embodiment of knowledge, one can achieve a state of spiritual enlightenment. It's important to note that these beliefs are specific to the Brahma Kumaris and may differ from traditional angelology in other religious systems.

The Biological Perspective of Human Light Emission High-intensity bioluminescence, like that seen in fireflies, has led to the recognition that almost all living cells and organisms release an extremely faint luminescence. The intensity has been estimated at about one Photon per cell in 3 to 20 minutes for mammalian cells. It tends to be strongest in the red end of spectrum and weakest in the blue (Edward et al.1990). Photons are light particles that are generated within the body, these could be measured as they emanate from the skin. Chemical reactions within the body besides liberating energy and producing heat are also emitting small number of photons. The light emitted by the human body is 1000 times less intense than the levels to which our naked eyes are sensitive.

Dr. Popp (1976), after his experiments with a photomultiplier, exclaimed that "we now know, today, that man is essentially a being of light". Dr. Popp was of the opinion that light is there in nature, and it is used by plants during photosynthesis. When we eat plant food, it must be that we take up the photons and store them.

This energy is the driving force for all the molecules in our body. Before any chemical reaction can occur, at least one electron must be activated by a photon with a certain wavelength and enough energy. Photons switch on the body's processes like an orchestra conductor bringing each instrument into the collective sound.

According to Veljkovic and Cosic, there are about 100,000 chemical reactions happening in every cell each second. The chemical reaction can only happen if the molecule which is reacting is excited by a Photon. After energizing the reaction, the photon reverts to its field, ready for subsequent reactions. We are swimming in an ocean of light.

But it is important to contemplate that despite the availability of light in the DNA the aura of light collapses as soon as the soul leaves the body. So, it can be inferred that the photons to the cells are provided by the Soul to carry out all the metabolic activities. Robert Bruce has vividly explained that as the spirit leaves the body the ethereal aura contracts rapidly, imploding and fading away in a matter of few seconds. The discarded physical body is now left with only a very weak ethereal glow around it, swiftly fading to nothing. This is barely detectable with the strongest level of auric sight. That is residual etheric matter and not living aura. This fades away very quickly and nothing more will be seen of the living aura around the corpse. Only a pale outline is visible such as you can see around any inanimate object. The aura ceases to exist when its vital life force departs.

Biophotons and Cellular Communication

Biophoton emission provides an ideal communication system for the transfer of information to many cells across the organism. Neurons self-generate light across a range of wavelengths from ultraviolet to red and near-infrared. This light referred to as biophotons is a means of communication between neurons(www.ncbi.nlm.nih.gov/pmc).

Biophotons and Disease

Dr. Popp studied healthy individuals and found an exquisite coherence at the quantum level, but also found an incoherent pattern among cancer patients. He tried out his machine on a series of Cancer patients. In every instance, the patients had lost natural periodic rhythms as well as coherence. The lines of internal communication were scrambled. They had lost their connection with the world. In effect, their light was going out.

Photorepair: DNA's Role in Restoration

From the biological laboratory experiments, it is clear that if you blast the cell with UV light so that 99% of the cell including its DNA is destroyed, you can almost entirely repair the damage in a single day just by illuminating the cell with the same wavelength at much weaker intensity. This is called photo repair. Dr. Popp found that patients with xeroderma pigmentosum eventually die because of skin cancer because the photo repair system cannot repair solar damage. This means that there must be some kind of light in the body responsible for photo repair. A Compound must cause cancer because it permanently blocks this light and scrambles it, so Photorepair cannot work anymore.

After intensive research, Popp found that the source of light and Biophoton emission is the DNA. DNA was like the master tuning fork of the body. It would strike a particular frequency and certain molecules would follow. Biophotons have a much larger role to play, when it comes to our physiology and quite possibly our consciousness as well. The light emitted from each individual being forms the aura and is directly related to the body's Chakra systems (interaliomag.org)

In biological experiments, it's evident that exposing a cell to UV light to the extent that 99% of it, including its DNA, is damaged can be almost completely restored within a day by subjecting the cell to the same light wavelength but at a significantly reduced intensity. This process is "photo repair" as discussed above. Dr. Popp discovered that individuals with xeroderma pigmentosum typically succumb to skin cancer since their photorepair mechanism fails to mend the damage caused by sunlight. This suggests the presence of a specific light within our body that facilitates photo repair. Any compound that causes cancer likely does so by permanently obstructing this light, rendering photorepair ineffective.

Upon extensive study, Dr. Popp concluded that DNA is the primary source of biophoton emissions. It functions much like a body's central resonator, emitting specific frequencies that resonate with certain molecules. Biophotons have a profound influence not only on our physiological processes but potentially on our consciousness as well. The emitted light from each individual shapes the aura, which is intrinsically connected to the body's Chakra systems. Layton (2009) also talked about a new world of light, where he experienced himself to be an entity of light along with many more and they had an idea to create a new world.

“As we began to contemplate and think what it was, we wanted, creation spontaneously occurred before us. All we had to do was think and it was so. As one thing was created, we contemplated it and expanded our thought, with an expanded idea and as we did, that expanded idea came into form. Everything was formed in this manner.”

Conclusion

Biological research supports Brahmakumari's depiction of Angels, emphasizing our nature as light beings. When in good health and maintaining a positive mindset, the photons we emit exhibit greater coherence than when we are unwell, reflecting a misalignment in our energy. By establishing a profound connection with the Divine and maintaining purity in thoughts, words, and deeds—particularly through dedicated practice of Rajyoga meditation—we can evolve into angelic beings. These angels, often referred to as "double light," are free from past burdens and future anxieties, dedicating their existence to selflessly aiding humanity. Their luminous forms become more evident over time. The photons essential for cellular metabolic functions are supplied by the intangible, spiritual soul. This soul, while utilizing a physical body composed of five elements, understands its singular purpose or the journey it must undertake in a particular lifetime. Upon completing this journey, the soul departs, only to be reborn in another form.

References

1. Are humans really beings of light? www.esalq.usp.br/engs/PDF
2. Edwards R, Michael L, Julian k, Taylor (1990) "Measurements of Human Bioluminescence " Acupuncture & Electro-Therapeutics RES. INT. Vol 15:85-94
3. www.ncbi.nlm.nih.gov/pmc.
4. www.aura.life> Aura and Death article by Robert Bruce writer of Astral Dynamics
5. www.interaliomag.org
6. Layton , Layne(2009) "Beings of Light-We are all one" www.laynelayton.com
7. Shannon O' Hara(2020) Beings of Light, www.beingsoflightbook.com
8. Prajapita Brahmakumaris Ishwariya Vishwavidyalay, Pandav Bhavan Mount Abu Rajasthan "Karmyogi Farishta bhav" 2001