

Understanding the Soul Mission of Twinflames in Establishing Paradise through Rajyoga taught by Brahma Kumaris

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Abstract: One of the most important factors to live a happy and contented life is to grow spiritually on a regular basis and healing thyself for operating from the energy of the higher self. There are various triggers contributing to the awakening of the soul for spiritual ascension, like traumatic events, past life karmic sufferings, toxic family environment, limited mental beliefs, and most importantly the spiritual connections specifically designed for your growth, i.e. Twinflame connections, Soulmate connections, and Karmic connections. The Twinflames are the specially chosen souls that have a higher mission to awaken the universe from the deep sleep and get back to the originality. The Twinflames aim to achieve this by shedding the layers of the illusionary 3-dimensional experiences of the karmic sufferings, emotional trauma, limited mental beliefs, and the body consciousness. The Twinflames embark on their healing and ascension journey, when they face conflicts in their relationship, to establish a connection with divine and come in the harmonious union with their other counterpart. During this journey, the Twinflames raise their consciousness and help others to ascend higher and in turn raises the collective consciousness to establish paradise in the world. The soul mission of Twinflames and the Rajyoga taught by Brahma Kumaris was found to be the same to establish the paradise in the world and become eligible to take birth in paradise. This paper draws an understanding that the Twinflames are none other than the potential deities (Luxmi-Narayana), divine couples that are serving humanity at the confluence age for the sanctification of the universe to raise its consciousness and establish the Golden age.

Keywords: Twinflames as potential deities, Ardhanarishwara, Shiva-Shakti, Paradise.

Introduction

The physical world acts as the platform of actions or in simpler words “karma bhoomi” which means the ground of karmic settlements. Every soul that exists in the world has to go through various cycles of the dark night of the soul, where the ego is shattered every now and then for triggering the spiritual awakening of the being. Every soul that incarnates on this Earth shares a very special and different kind of connection with every other soul. Some connections feel very pleasant while some connections feel toxic. These are the three types of connections that soul can experience while being in the physical world:

1. Karmic connections are the ones that cause the triggers every now and then, and once you learn the lesson, they vanish from your life through different modes of separation like losing contact with each other, divorces or breakups, and in some cases death. Such a negatively triggered toxic connection leads to the spiritual awakening and is understood as the concept of karmic connections (Halder, 2022).
2. Soulmate connections are the ones that trigger each other positively for the mutualistic growth of both the partners. Usually such a connection is shared in a happily married couple that is committed to each other and living a fulfilling happy life by growing each day together (Prophet, 1999).
3. Twinflame connections are very special connections. These are the paired souls that incarnate on Earth together with a higher soul purpose of raising the collective consciousness for the establishment of paradise. This connection is very intense as well as very painful to go through. The union of the Twinflame couple could be ecstatic, while the separations during their healings could be life-taking. The Twinflames trigger each other by acting as a cosmic mirror to each other exposing their dark negative aspects which a person repels in the dark night of the soul. They also expose the divine light in their counterpart, which fills them with the motivation to work on their shadows to radiate love and light (Halder, 2022).

Twinflames as Potential Deities

The characteristics of the Twinflames in today's world match with the characteristics of the deities Luxmi-Narayana of the Golden Age. Twinflames is a special term used for the spiritual connection still existing in the Confluence Age that would be incarnating as the Luxmi-Narayana in the Golden age. Here are some of the facts that support this:

1. Cosmic Mirror

The Twinflame are the souls of the opposite polarities as designated by the divine masculine and divine feminine that exist at the lower plane of consciousness. They both share the same electromagnetic field of aura having the same level of consciousness when in union. They act as the reflecting mirrors to each other mirroring their dark negative shadow qualities which trigger the spiritual awakening and growth in them. The Twinflames possess the opposite polarities that are entangled by the quantum law of nature. (Halder, 2022)

As per the Rajyoga concepts, there existed deities Luxmi-Narayana in the Golden age with different polarities as the divine male and divine female as the embodiment of divine virtues with a higher level of soul consciousness in the paradise as a divine couple. They mirror each other in all the divine virtues. The Luxmi mirrors the Narayana in the same 16 celestial degrees possessed by both of them irrespective of being the two different polarities as the masculine and the feminine energy (O'Donnell, 1996).

2. Telepathic communication

The Twinflames are the souls which share the same electromagnetic field of the aura and thus experience a very strong magnetic pull with each other. They are bound with the laws of quantum entanglement. As every atom has a tendency to pair with another atom for stability, the similar fashion is also observed in the case of Twinflames where the two energy souls sharing the same electromagnetic field get paired with each other. Due to quantum entanglement or in simpler words, being connected to each other at the energetic levels they are able to communicate telepathically and even come to know if their twin is feeling happy or sad. They can communicate via telepathy at energy planes irrespective of the years of no communication. (Halder, 2022)

As per the teachings of Rajyoga, the Luxmi and Narayana have telepathic communication with each other. Even being apart from each other in their kingdom, or while traveling in their Pushpak Viman separately, they are still able to know about what is happening with each other or what the other person is feeling. They are the paired souls at the energetic levels (O'Donnell, 1996).

3. Duality as oneness

The Twinflames experience eternal bliss when they are in union with each other. They experience a soul to soul connection and the desires of living a limited 3-dimensional life vanishes away being in harmonious union with each other at the energy levels. The illusion of the separation from each other breaks away terminating the sufferings and the duality of the couple is experienced as oneness as explained by the concept of Ardhanarishwara where the Shiva referred to as the masculine energy joins with Shakti referred to as the feminine energy and both come together for a higher purpose (Halder, 2022).

As per the Rajyoga, the concept of the Ardhanarishwara is explained with the image of the Vishnu, which is the combined embodiment of the Luxmi and Narayana joining together for a higher purpose of preserving the world. The duality in the divine couple of the Luxmi and Narayana is experienced as oneness in the form of Vishnu.

4. Soul Mission

The concept of twin flames can also be understood by 'Symposium by Plato' as the special chosen souls which incarnate into the universe with a special mission which is guided through the universal synchronicities. They undergo various cycles of the dark night of the soul to get the soul naked by shedding the illusionary self-identities acquired in the 3-dimensional physical world. They raise the cosmic

consciousness by undergoing self purification and spiritual ascension process and also help others to ascend higher. (Halder, 2022)

The Rajyogis in the Brahma Kumaris organization follow a similar life purpose of shedding the body consciousness and getting back to the originality of the soul consciousness. They work on themselves through various drills of self reflection work and connecting with the divine which helps in expanding their consciousness. They are involved in various social services by organizing workshops, camps, exhibitions, etc, to enlighten people about the soul consciousness and how to ascend higher in life (Nagesh, 2023).

Paradise under construction

Paradise is not a building that has a 1-2 year contract and can be given to any number of builders to create it. It is the dimension of the higher consciousness that takes 2500 years to build in which a person has to go through many lifetimes with the fall of the consciousness in which an individual enters the dark night of the soul, spiritual awakening through the realization of the self, connecting with divine, self healing by expansion of the consciousness, and finally ascending higher to take birth in paradise. This eternal drama wheel repeats itself every 5000 years for the renewal of the earth and the establishment of paradise.

It can also be explained using the concept of “Cyclic space-time continuum” and the law of entropy. As per Einstein, the time which we measure as the year is simply the completion of the one revolution of the Earth around the Sun and what we call an hour is the measurement of the 15 degrees of the arc in the daily rotation of the earth. This explains that time is not a linear quantity rather the time is cyclic and thus bends and enters itself into a cosmic cycle. Similarly, the world does not move in a single linear direction, rather after a certain period (5000 years), the cycle repeats itself (Nair, 2008).

This explains the change in the consciousness of the universe (15 degrees bend daily) , the eternal world cycle keeps on progressing from the Golden age to Silver age, Silver age to Copper age, Copper age to Iron age. Here steps up the Rajyogis (potential divine feminine or Luxmi/ potential divine masculine or Narayana) who take up the mission to raise the frequency of the universe by the method of the sanskar transformation (self transformation).

Twinflames are the chosen souls for this purpose to raise the universal consciousness by shedding of their toxic traumas, illusionary beliefs of being the 3- dimensional physical bodies, releasing the past karmas, releasing all the emotional blockages, letting go self created self limiting mental barriers and getting back to the originality with the development of the soul consciousness (Halder, 2022). Twinflames work towards the 7 attributes of the soul which enacts as the virtues and powers of the being. These 7 attributes which raise the spiritual energy of the being are experienced as truth, peace, love, happiness, purity, spiritual power, and eternal bliss (Nair, 2008). Let us understand this journey of the Twinflames for establishing paradise through the Rajyoga concepts as explained under:

1. Fall of the consciousness/Entering dark night of the soul:

As a soul is a metaphysical entity, it is capable of experiencing the positive emotions like happiness and bliss as well as the negative emotions like fear and anger; this forms the basis of the altered states of the consciousness. During the Golden age, when there is law, order, and peace in the world, people experience happy emotions and thus live a happy long life with the death age of about 150 years. The people in the golden age lived in a harmonious union with animals and nature and it creates a bliss of paradise with no experience of sorrow. During the Golden age, the beings exist in the enlightened form of the soul consciousness (Nair, 2008).

However, as the time progresses with the Copper Age, the darkness of the body-consciousness jumps in at the end of the Silver age. This darkness of the body- consciousness creates the illusion of us being the 3-dimensional beings that paves the foundation of all the vices. These vices are experienced as lust, ego, attachment, greed, laziness, jealousy, etc. When the body consciousness jumps in the actions we take for each other becomes negative which creates a negative karma, which resurfaces to our life as the mental and emotional pain, misery, and even manifested in the form of the physical illnesses. This further causes the drainage of the spiritual energy by the toxic patterns of negative thinking and wasteful thinking. By the end of the Iron Age, disorder and chaos prevailed all over the world with an atmosphere of terror and violence at the end of the Iron age (Nair, 2008).

2. Soul Awakening by divine:

The end of the Iron Age marks the beginning of divine intervention to establish paradise in the world with the help of the chosen souls called Twinflames or potential Luxmi-Narayana couples (Prophet, 1999). The biological and physical laws of nature keeps the physical 3-dimensional world going unless it creates the chaotic state of maximum entropy. This concept of the maximum entropy, as per the Brahma Kumaris is understood as the establishment of the Sangamyuga. This is also called as the confluence age is the time when the God or the highest form of energy, the divine light intervenes to charge the depleted spiritual energy of the souls and reversing the entropy on the metaphysical plane which is followed by the restoration of the physical energy.

To awaken oneself from the dark night of the soul, it is important to realize the true identity of the self. According to the Rajyoga practiced by Brahma Kumaris, the self is an indivisible and irreducible point of energy. It is the consciousness that cannot be split into parts and is a whole single entity (Nair, 2008).

Some of the books define the Twinflames as the split soul concept or the two parts of the one soul, which I believe is untrue. The soul is a complete entity in itself consisting of the masculine and the feminine energies. The Twinflame is the special counter soul which serves as the cosmic mirror to trigger your dark shadows and highlight your divine virtues, which pushes you to expand your consciousness on a regular basis. The soul has masculine and feminine nature both, but only one is dominant and the other is recessive. The soul mission is to get an inner balance and inner union, to feel complete within oneself (Rana, 2021). The twin having higher masculine traits acts as the divine masculine being and the twin having higher feminine traits acts as the divine feminine. Both are complete souls in themselves but since they share the same electromagnetic field aura so they remain connected with each other and feel a strong magnetic pull when pushed apart in separation (Halder, 2022). It is not the soul that is split into two but the consciousness that needs to expand for the polar dualities to experience wholeness.

3. Laying foundation stone of paradise by expansion of consciousness

To understand how the consciousness of a being expands during the soul awakening process, we need to understand the mechanics behind the functioning of the human consciousness. This can be understood by the theory of “Quantum foam” by John Wheeler in 1953 which is based on the different dimensions that co-exist in nature. He stated that space-time is not flat at the smallest scale which is called as its planck length, but it actually exists as the “quantum foam” of high energies. This foam acts as the rapid creation and re-absorption of the space-time bubbles which reflects that the vacuum exists only in the 0.00001% empty space and provides the surface for the surging sea of quantum fluctuations. The continuous breakdown and regeneration of the quantum foam forms the basis of the self reinforcement of the quantum wave as it undergoes the process of retro flexion by generating its own space-time mirror image. The self is experienced as the interaction of the quantum waves with the space-time mirror images or retroflexive conjugates, in the similar way you interact with your own mirror image (Nair, 2008).

Quantum waves move faster than light and have the ability to move back and forth in time. Thus, a quantum wave is a wave of probability moving faster than the speed of the light that acts as the connecting medium between our minds to the physical world (Nair, 2008). In a similar fashion, the Twinflames connect with each other during separation or in no contact situations through transmitting these quantum waves to each other as they share the same energetic field. In the spiritual sense, the communication via quantum waves is termed as “intuition or telepathy” (Halder, 2022).

Intuition is a form of the spiritual intelligence of the third eye ability that is not linear, is relational, nurturing beyond cause-result relationship and a holistic approach to connect with the universe to receive the universal guidance. The universe functions by the phenomenon of “independent co-arising” which means everything is the cause of everything else. This can also be understood by the law of cause and effect. As per Rumi “all universe exists within you, ask from yourself”. It simply means to get an intuitive response from the universe for all your problems. This can be achieved by attaining the state of deep meditation called Samadhi. Samadhi is the consciousness of the detached observer and the process of observing the fields of all possibilities (Nair, 2008). This technique is often used by the Twinflames when they experience the duality as oneness by attaining the state of Samadhi to connect with their counterpart intuitively to reflect on their own flaws that needs to be worked on (Prophet, 1999).

Confluence age serves as the period where all of the karma is balanced before the establishment of the paradise. This is the stage of immense sufferings, self discovery of the path to enlightenment, and surrendering to the divine. The toxic karmic relationships start to depart from life either by death, loss of contact, or divorce, when we work on raising our consciousness. Ascending higher spiritually is the only path, which is left open to end our sufferings. We get to connect with other souls with higher consciousness to keep the eternal world drama to continue and such souls help us in the way of our ascension (Nair, 2008).

4. Establishing paradise

In the Brahma Kumaris organization, a special meditation technique called the Rajyoga meditation is practiced by receiving the spiritual energy from the divine to generate the profound effects on the materialistic physical body as well as to expand the consciousness of the being. This collective positive vibration raises the frequency of the whole creation and thus a massive transformation takes place in the universe. This all leads to the renewal of the eternal world drama by the beginning of the Golden age (Nair, 2008). The Rajyoga course is a 7- day exuberant experience taught by the Brahma Kumaris organization which covers the following aspects:

- Realizing the true identity of the self as a point of consciousness called soul energy.
- Realizing the God of Gods, the creator of the world, God Shiva (highest source of energy as point of light)
- Understanding the concept of deities as the 5th dimensional beings in the angelic consciousness beyond space and time.
- Understanding the multidimensional world including the physical world with 3-dimensional physical bodies, the energy world with angelic astral bodies, and the soul world which is the residence of the God Shiva.
- Understanding of the eternal wheel drama which explains how the universe is formed, preserved, and destroyed by the deities Brahma, Vishnu, and Mahesh.
- Rise and fall of the human consciousness from the Confluence Age to the Iron Age.
- Learning the practical ways to connect with the divine God Shiva to receive his powers and blessings to ascend into higher energies spiritually.
- Re-Attaining 8 soul powers that were once forgotten with the progress of the world drama.
- Rising to the cosmic consciousness from the limited world consciousness.

The Rajyoga meditation taught by the Brahma Kumaris has the 4 pillars namely:

1. Gyan (Imbibing spiritual knowledge)
2. Yog (Connecting with divine)
3. Dharna (Practicing the attributes of higher consciousness)
4. Sewa (Serving your soul purpose to awaken others)

The Brahma Kumars and Brahma Kumaris obtain spiritual knowledge through the divine God Shiva and get enlightened to their true being. They practice Godly meditations daily to connect with the divine at certain times like Amritvela to receive godly powers and blessings. They meditate at the evening time as the Numasham Yog to radiate out the vibrations of peace and love to expand the consciousness of the universe by helping them to raise their frequency. They practice various divine virtues like purity, royalty, kindness, honesty, etc. try to become and embodiment of higher spiritual beings, which later are born as

deities in the Golden age. They also practice a form of godly service called as sewa to help others in their spiritual enlightenment, to awaken them up from a night of deep sleep through many ages (Nair, 2008).

Similar fashion is observed in the Twinflames during their healing process. The Twinflames go through a painful period of the dark night of the soul during the Copper and Iron Age. During the Confluence Age, their karmic bonds come to the surface, which causes immense pain, and then the universe sends a counterpart twin in their life as the cosmic trigger to show them the real dark side and the light within. Such souls trigger each other, every now and then, going through various cycles of separations and unions. During separations of the Twinflames usually at the Sangamyuga, they work on their shadow self by connecting with divine and practicing the divine virtues to operate from the energy of their higher self. After doing the inner work by shedding the layers of the illusionary 3-dimensional beings, the Twinflames raise their own frequency and become their higher self, they ascend into the higher dimensions. They work as the Ruhani Servants to awaken people from living in the dark night of the soul of body consciousness. This raises the consciousness of the universe required to establish the Golden age.

Conclusion:

Through the divine's revelation by the corporal medium of the Brahma Kumaris, the world drama wheel is going to renew itself soon by the establishment of the paradise. This aim is to be achieved by the spiritual evolution of the consciousness of the people. Twinflames are the souls of the Iron Age which are triggered by the relationship conflicts and sufferings, that follow a divinely guided path to work on their shadow self to get back to the originality of their pure being to come in the harmonious union within by expanding their consciousness. Later, they fulfill their soul's mission to establish paradise on Earth, and when they get successful in this collective mission, they take birth as Luxmi-Narayana in the Golden age as the success reward.

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